

A Capital Ball

7:30 p.m., Saturday, May 12, 2018

The Academy of the Holy Cross
Kensington, MD

CUTTY SARK 8x32J3 RSCDS Bk 40

- 1-8 1C cast off behind own sidelines for 4 bars, and cast back to 2nd place (2C step up 3-4).
- 9-16 2C & 1C dance RH across & LH back.
- 17-24 1C turn RH to face 1st corners, turn 1st corner LH, turn 2nd corner RH, and cross LH to 2nd places own sides.
- 25-32 2C, 1C & 3C advance and retire, and turn RH (4 bars).

THE SAILOR 8x32H3 RSCDS Bk 24

- 1-4 1C cross down RH to face out between 2C & 3C (2C step up 1-2), give hands to corners and all set.
- 5-6 1C cast RSh around 1st corner into lines of 3 across, 1W between 2C facing down, 1M between 3C facing up, and all set.
- 9-16 1C, turning to R, dance 8-bar RSh reels of 3 across, 1W with 2C and 1M with 3C, and finish in 2nd place on opposite sides.
- 17-24 1C lead down for 2 bars, lead up and cross at the top (4 bars), and cast to 2nd place on own sides.
- 25-32 2C and 1C dance R&L

HOLYROOD STRATHSPEY 8x32S3 RSCDS Bk 51

- 1-8 1C set, turn RH to face out, cast off 1 place (2C step up 5-6), and turn RH to face out in 2nd place.
- 9-16 1C dance 8-bar RSh reels of 3 on sides (1M up, 1W down), and finish back to back in the center of the set, facing 1st corners.
- 17-24 1C dance corners pass and turn (corners turn with RH) to finish in 2nd place on own sides.
- 25-32 2C, 1C and 3C circle 6H round and back

WELCOME TO AYR 8x32J3

J Henricksen & K Stewart RSCDS Bk 47

- 1-8 1C and 2C dance double figure of 8, 1C crossing down and 2C dancing up the sidelines to begin.
- 9-12 1C turn 2C on sides (men RH, women LH), 2C casts to the top as 1C dances down to 2nd place (in the middle of the set).
- 13-16 1C turn 3C on sides (men RH, women LH) and 1C pass LSh to finish facing 1st corners.
- 17-24 1C dance 1/2 reel of 4 with 1st corners and pass RSh to face 2nd corner, 1C dance 1/2 reel of 4 with corners and 1C finish LSh to LSh in the center of the set, facing own sides.
- 25-28 1M and 3C (at top) **also** 1W and 2C (at bottom) dance RH across, 1C finishing in 2nd place opposite sides.
- 29-32 All chase clockwise 1/2 way to own sides.

THE FLIRTATION CHASE 8x32R2 M Brown

- 1-8 1W followed by 2M cast off behind 2W, dance up the center, cast off behind 1M, dance back to original places, pulling back RSh (2M faces out).
- 9-16 2M followed by 1W cast up behind 1M, dance down the center, cast up behind 2W, dance back to original places, 2M pulling back RSh to face in.
- 17-24 1C set advancing, turn 2H (pas de basque), dance down between 2C, cast up behind 2C into middle as 2C steps in.
- 25-32 1C and 2C dance poussette

STRATHCARE 8x32S3 W Miller Skye Coll 1

- 1-8 1C and 2C dance poussette right round.
- 9-16 1C turn RH, cast off 1 place (2C step up 11-12), cross RH and cast R around 1st corners (1M down, 1W down) to end facing 1st corners.
- 17-20 1C set to corners.
- 21-24 1C pull back RSh and dance RSh around each other 1.1/2 times, spiralling to finish 1W between 2C facing 2W, 1M between 3C facing 3M.
- 25-30 1C dance 6-bar RSh reels of 3 across the dance (1W with 2C and 1M with 3C).
- 31-32 1C cross RH to 2nd place own sides.

ESPIE McNABB 8x32J3 RSCDS MMM

- 1-8 1C, 2C and 3C set, cross RH, set, and cross RH.
- 9-16 1C lead down the middle and up.
- 17-20 1C set, and cast off 1 place (2C step up 19-20).
- 21-24 1C turn RH.
- 25-32 2C, 1C and 3C circle 6H round & back

GENERAL STUART'S REEL 8x32R3

Castle Menzies RSCDS Bk 10

- 1-4 1M and 2W set to each other, then 1M casts off 1 place (2M steps up 3-4)
- 5-8 1W and 2M set to each other, then 1W casts off 1 place (2W steps up 7-8).
- 9-16 1C turn 1st corner RH, pass partner RSh, turn 2nd corner **LH**, and pass partner RSh to face 1st corners (corners turn for 2 bars).
- 17-24 1C dance set to corners and partner ('Hello-Goodbye' setting), pulling back RSh to end back to back (1M facing up, 1W facing down).
- 25-30 1C dance 6-bar reels of 3 on opposite sides, giving RSh to 2nd corners to begin.
- 31-32 1C cross RH to 2nd place on own sides.

❧ INTERMISSION ❧

HOLDEN MY OWN 8x32J3

P Stephens Between the Rivers

- 1- 4 1C dance 1/2 figure of 8 around 2C.
- 5-8 1C and 3C turn partner LH, finish ready for...
- 9-16 1C and 3C dance ladies' chain up and down, finishing facing out.
- 17-24 1C dance reflection reels on opposite sides (1C out and down, 2C in and up, 3C out and up to begin).
- 25-32 1C cast off 2 places, lead up to top, cross, and cast to 2nd place on own sides (2C step up 31-32).

DELVINE SIDE 8x32S3 W Campbell RSCDS Bk 2

- 1- 8 1C and 2C set, cross passing RSh, set, cross passing RSh.
- 9-16 1C lead down the middle and up, staying in the middle as 2C steps in behind them.
- 17-24 1C and 2C dance allemande, 1C finish facing 1st corners.
- 25-32 1C turn 1st corner 2H, pass partner RSh, turn 2nd corner 2H, and cross passing RSh to 2nd place on own sides.

JOHN OF BON ACCORD 8x32R3

Roy Goldring RSCDS Bk 33

- 1- 16 1C dance 4 progressive 1/2 diagonal reels of 3:
 - 1 - 4 1C pass RSh to 1/2 reel with 2W.
 - 5 - 8 1C pass LSh to 1/2 reel with 2M.
 - 9-12 1C pass RSh to 1/2 reel with 3W.
 - 13-16 1C pass LSh to 1/2 reel with 3M.To start each 1/2 reel, 1W dances below 1M and the supporting dancer dances up the sideline. At the end of bars 4, 8, and 12, 1W finishes the 1/2 reel in the middle of the set facing 1M on the sideline, ready to start the next 1/2 reel. The supporting dancers finish their 1/2 reels on the opposite side and 1 place up. At the end of bar 16, 1C is in 3rd place in the middle of the set.
- 17-24 1C turn RH and cast up to 2nd place on own sides (3C step down 19-20), then dance 1/2 figure of 8 up around 2C to 2nd place on opposite sides.
- 25-32 2C, 1C, and 3C turn 3/4 RH to end in line up and down the middle of the dance facing partners (men facing down, women facing up), retain RH and set to partner, 3/4 turn RH to on own sides, and set.

JOHN McALPIN 8x32S3

Hugh Foss RSCDS Magazine Dances

- 1- 8 1C advance for 1 step to take RH, retire 1 step, cross LH, lead down RH to 2nd place in the middle of the set (2C step up 5-6), and 3/4 turn LH to face 1st corners.
- 9-16 1C turn corners and partner.
- 17-24 2W, 1W and 3W set, advance for 2 steps, retire for 2 steps, and set **while** 2M, 1M and 3M wait for 2 bars, set, advance for 2 steps, and retire for 2 steps.
- 25-32 2C, 1C and 3C cross RH, circle 6H round to L 1/2 way, cross LH, and circle 6H round to R 1/2 way.

DANCING DOLPHINS 8x32J3

Barry Skelton Dolphin Bk

- 1- 8 1C cross RH, cast 1 place (2C step up 3-4), 1C turn LH 1.1/4 times to end facing women's side, 1W on left and 1M on right (1W above 1M).
 - 9-16 1C dance a full alternating tandem (dolphin) reel of 3 on women's side, giving RS to 3W to begin, and finish facing the men's side (1W above 1M).
 - 17-24 1C dance a full alternating tandem (dolphin) reel on men's side, giving LS to 3M to begin, and finish in promenade hold facing the women's side.
 - 25-32 1C in promenade hold dance out between 2W and 3W, cast off behind 3W, dance up to top of set, release hands and cast off to 2nd place own sides.
- Note: In the dolphin reels (9-24), 1C cover, remaining parallel to line of set, 1W above 1M throughout.

THE BRAES OF TULLIEMET 8x32S3

Castle Menzies RSCDS Bk 7

- 1- 8 1C set and cast of 1 place (2C step up 3-4), cross RH, and cast down 1 place on opposite sides.
- 9-16 3C and 1C circle 4H round to L, 1C dance up to top and cast on **opposite** sides to face 1st corners.
- 17-24 1C set to and turn corners, end facing 1st corners.
- 25-30 1C dance 6-bar reels of 3 on opposite sides giving LSh to 1st corners to begin.
- 31-32 1C cross RH to 2nd place on own sides.

THE REEL OF THE ROYAL SCOTS 8x32R3

Roy Goldring RSCDS Leaflets

- 1- 4 1C 1/2 turn 2C on the sides (men with RH, women with LH) to finish 1C back to back in the middle facing out, 1C take hands with 2C and 3C, all set.
- 5- 8 1C 1/2 turn 3C on the sides (men with LH, women with RH) to finish 3C back to back in the middle facing out, 3C take hands with 2C and 1C, all set.
- 9-16 1C followed by 3C dance up between 2C, cast off 1 place, dance in to meet partner and down to 3rd place, and cast up to finish 1C in 2nd place and 3rd couple in 3rd place.
- 17-24 1C turn 1st corners RH, pass partner RSh, turn 2nd corners RH, pass partner RSh to 2nd place own sides (corners dance for 4 bars).
- 25-32 2C, 1C & 3C circle 6H round and back.