Capital Weekend Welcome Dance April 9, 2010 8:00 pm Kensington Armory

The Ferry Louper

Jig, 32 bars, 3 cpls Goldring

- 1-8 All three couples chase clockwise to places
- 9 16 First and 2nd couples dance right hands across and left hands back, 1st couple end facing out.
- 17 4 First couple cast off two places, dance up the middle and cast off one place.
- 25 28 All three couples advance and retire.
- 29 32 All three couples turn partners with right hands.

Seann Truibhas Willichan

Strathspey, 32 bars, 2 cpls Book 27

- 1 8 First couple cast off behind their own and cast back to place.
- 9 16 First man and 2nd woman change places with right hands, set, change places with right hands, and set WHILE 1st woman and 2nd man set, change places with right hands, set, and change places with right hands
- 17 24 First couple lead down the middle for two bars, turn once round with right hands, lead up to the top, and cast off one place.
- 25 32 Second and 1st couples set, turn partners once round with both hands, and dance four hands round to the left.

The Hyperactive Reel

Reel, 32 bars, 3 cpls Graded Book II

- 1-8 First couple lead down the middle and up.
- 9 16 First and 2nd couples dance a poussette. 1st couple end back to back in the middle of the set.
- 17 24 1st couple dance double triangles and end back to back facing out own sides.
- 25 32 First couple dance a figure of eight across the dance, passing right shoulder with their partner's first corner (1st man with 2nd man, 1st woman with 3rd woman) while 2nd and 3rd couples dance a right shoulder reel of three on the sides of the set. 1st couple end in 2nd place on own sides.

The Wild Geese

Jig. 32 bars. 3 cpls Book 24

- 1 4 First and 3rd couples set advancing to join hands and balance in line.
- 5 8 First and 3rd couples turn with right hands. 1st couple cast off to 3rd place while 3rd couple leads up to 1st place.
- 9-16 First and 3^{rd} couples repeat bars 1-8 with 3^{rd} couple casting and 1^{st} couple leading to the top.
- 17-24 First couple lead down the middle and up to 2^{nd} place, 2^{nd} couple stepping up on bars 19-20.
- 25 32 Second and 1st couples dance rights and lefts.

Monymusk

Strathspey, 32 bars, 3 cpls Book 11

1-4 First couple turn with right hands and cast off one place as 2^{nd} couple steps up.

- 5 8 First couple turn with left hands to end 1st woman between 2nd couple and 1st man between 3rd couple.
- 9 16 All three couples set twice in lines of three across the dance, 1st couple turning to their right on bars 11 12. All three couples set twice in lines of three on the sides.
- 17 24 All three couples dance six hands round to the left and back.
- 25-32 First couple dance six bar reels of three on opposite sides, passing right shoulder with the person on their right to begin. 1^{st} couple cross with right hands to own sides on bars 31-32.

Sleepy Maggie

Reel, 32 bars, 3 cpls

Book 11

- 1-4 First and 2^{nd} couples dance four hands once round.
- 5 8 First couple set and cast off one place as 2nd couple steps up.
- 9 16 First and 3rd couples dance right hands across and left hands back. 1st couple end facing first corners.
- 17 24 First couple set to and turn corners.
- 25-32 First couple dance six bar reels of three on opposite sides, passing left shoulder with 1^{st} corners to begin. 1^{st} couple cross with right hands to own sides on bars 31-32.

BREAK

The Isle

- Jig, 32 bars, 3 cpls Graded Book
- 1 8 All three couples dance a right shoulder reel of three on the sides.
- 9-16 First couple cast off one place, dance down between 3^{rd} couple, and cast up to face 1^{st} corners.
- 17 20 First couple set to corners, ending between them.
- 21-24 First couple turn with right hands $1\frac{1}{2}$ times to own sides.
- 25 32 Second and 1st couples dance rights and lefts.

Adieu Mon Ami

Strathspey, 32 bars, 3 cpls Book 24

- 1-4 First and 2nd men set to each other and turn with both hands while 1st and 2nd women set to each other and turn with both hands.
- 5 8 First and 2nd couples set and turn with both hands, ending ready for an allemande.
- 9 16 First and 2nd couples dance an allemande, 1st couple end facing 1st corners.
- 17 24 First couple set to corners and partner (Hello-Goodbye setting), clapping on bar 23 as they turn to own sides.
- 25 32 All three couples dance six hands round to the left and back.

The Saltire Society Reel

- Reel, 32 bars, 3 cpls RSCDS Leaflet
- 1-2 First couple cross down to opposite sides and face out as 2^{nd} couple steps up.
- 3 4 First woman and 3rd man turn with left hands while 1st man and 3rd woman turn with right hands.
- 5 6 First couple meet and dance up the middle to the top of the set.
- 7 8 First woman and 2nd man turn with left hands while 1st man and 2nd woman turn with right hands. 1st couple end in 2nd place on opposite sides facing down.
- 9 16 Second, 1st, and 3rd couples dance reels of three on the sides: 1st couple cross down, 3rd couple dance out and up, 2nd couple dance out and down to begin. 1st couple end in the middle with left hands joined facing 1st corners.
- 17 20 First couple set to 1st corners turning inwards on second setting step to join right hands. 1st couple set to partner's 1st corners. On bar 20, 1st corners advance to join right hands.
- 21 24 First couple and 1st corners dance right hands across.

 Corners end in original places while 1st couple retain right hands and face 2nd corners.
- 25 28 Repeat bars 17 20 with 2nd corners. 1st couple join left hands on bar 26 and 2nd corners join left hands on bar 28.
- 29 32 First couple and 2nd corners dance left hands. 2nd corners end in original positions and 1st couple end in 2nd place on own sides.

Joie de Vivre

- Jig, 32 bars, 3 cpls Book 39
- 1 8 First couple set, cast off one place, dance down between 3rd couple, and cast to 2nd place. 2nd couple step up on bars 3 4.
- 9-12 All three couples turn partners with right hands.
- 13-16 All three couples dance a clockwise chase half way round to finish on opposite sides in order 3, 1, 2.
- 17 20 All three couples dance back to back.
- 21 24 All three couples take hands on the sides, set, and turn partners half way round with right hands to finish ready for an allemande.
- 25 32 All three couples dance an allemande.

John McAlpin

Strathspey, 32 bars, 3 cpls RSCDS Leaflet

- 1 8 First couple advance for one bar, taking right hands briefly, and retire for one bar. 1st couple then cross with left hands, lead down the middle for two bars with right hands, and turn with left hands to face 1st corners. 2nd couple step up on bars 5 6.
- 9 16 First couple dance corner, partner, corner, partner, ending in 2nd place on own sides.
- 17 24 All three women take hands on the sides and set, advance, retire, and set. Meanwhile, men wait for two bars, set, advance, and retire.
- 25 28 All three couples cross with right hands and circle to the left half way.
- 29 32 All three couples cross with left hands and circle to the right half way.

The Reel of the Royal Scots

- Reel, 32 bars, 3 cpls RSCDS Leaflet
- 1-2 First couple turn 2nd couple, men with right hands, women with left hands. 1st couple end back to back in the center of the dance.
- 3-4 All three couples set.
- 5 6 First couple turn 3rd couple, women with right hands and men with left hands.
- 7-8 All three couples set.
- 9-16 First couple, followed by 3rd couple, dance up between 2nd couple, cast off, dance down to 3rd place and cast up to 2nd place. 3rd couple end in original places.
- 17 24 First couple turn 1st corner with right hands, pass partner by the right shoulder, turn 2nd corners with right hands and pass partner by the right shoulder to end in second place on own sides.
- 25 32 All three couples dance six hands round and back.